NOTICE OF PRIVACY PRACTICE

Apex IV and Wellness, LLC

Effective Date: September 14, 2026

Website: apexivandwellness.com

Privacy Officer Email: apexivco@gmail.com

HIPAA NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

This Notice applies to PHI maintained by Apex IV and Wellness, LLC in connection with its health care services. PHI is individually identifiable health information about your health, care, or payment for care.

YOUR RIGHTS

- Get an electronic or paper copy of your medical record. Apex will provide a copy or summary as required by law and may charge a reasonable, cost-based fee where permitted.
- Ask Apex to correct health information you believe is incorrect or incomplete. Apex may deny the request in certain circumstances and will provide an explanation when required.
- Request confidential communications and ask Apex to contact you in a particular way or at a particular location.
- Ask Apex to limit certain uses or disclosures. Apex generally is not required to agree, except where the law requires it. If you pay in full out of pocket and request that information about that service not be disclosed to a health plan for payment or health care operations, Apex will honor the request unless disclosure is required by law.
- Request an accounting of certain disclosures of your PHI for the period provided by law.
- Get a paper copy of this Notice at any time.
- Choose a legally authorized personal representative to exercise rights on your behalf after Apex verifies the person's authority.
- Receive notification following a breach of unsecured PHI when notification is required by law.
- File a privacy complaint without retaliation.

YOUR CHOICES

For certain information, you may tell Apex your preferences about sharing information with family members, friends, or others involved in your care or payment for care. Apex will obtain written authorization before uses or disclosures for which HIPAA requires authorization, including applicable marketing uses, sales of PHI, and most uses or disclosures of psychotherapy notes. You may revoke an authorization in writing, subject to actions already taken in reliance on it.

HOW APEX MAY USE AND DISCLOSE PHI

Treatment. Apex may use and disclose PHI to provide, coordinate, or manage your care, including sharing information with authorized clinicians, the medical director, pharmacies, laboratories, telehealth providers, or other providers involved in your care.

Payment. Apex may use and disclose PHI to bill for services, collect payment, process transactions, and perform related payment activities.

Health Care Operations. Apex may use and disclose PHI for quality assessment, training, compliance, auditing, credentialing, legal services, and business management.

OTHER PERMITTED OR REQUIRED USES AND DISCLOSURES

- As required by federal, state, or local law.
- For public health and safety activities permitted by law.
- To report suspected abuse, neglect, or domestic violence when permitted or required by law.
- For health oversight activities authorized by law.
- For judicial or administrative proceedings subject to applicable requirements.
- For law-enforcement purposes in circumstances permitted by law.
- To coroners, medical examiners, or funeral directors as permitted by law.
- To avert a serious and imminent threat to health or safety when permitted by law.
- For workers' compensation or similar programs as authorized by law.
- For other specialized governmental functions or purposes permitted by HIPAA and applicable law.

SPECIALLY PROTECTED INFORMATION

Certain information may receive additional protection under federal or Colorado law. When a more protective privacy law applies, Apex will follow the more protective requirement. If Apex receives or maintains records subject to 42 C.F.R. Part 2, Apex will follow applicable Part 2 requirements.

APEX'S RESPONSIBILITIES

- Maintain the privacy and security of PHI as required by law.
- Provide this Notice describing Apex's legal duties and privacy practices.
- Follow the duties and privacy practices described in the Notice currently in effect.
- Provide breach notification when required by law.
- Not use or disclose PHI other than as described in this Notice unless you authorize the use or disclosure in writing or the law otherwise permits or requires it.

BUSINESS ASSOCIATES

Apex may use vendors and service providers that create, receive, maintain, or transmit PHI on Apex's behalf. When HIPAA requires it, Apex will enter into Business Associate Agreements requiring those business associates to appropriately safeguard PHI.

CHANGES TO THE HIPAA NOTICE

Apex may change the terms of this Notice, and changes may apply to PHI Apex already maintains. A revised Notice will be available upon request and will be posted or made available as required by law, including on a website Apex maintains that provides information about its health care services.

QUESTIONS OR COMPLAINTS

Contact the Apex Privacy Officer using the contact information at the beginning of this document to ask questions, exercise a privacy right, or file a complaint with Apex. You may also file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights. Apex will not retaliate against you for filing a complaint.